

POLICY MANUAL

Subject: OP Physical Health Assessment **Effective Date:** 1/19/99

Initiated By: Cinde Stewart Freeman
PI Director **Approved By:** Dr. William Anderson
Medical Director

Review Dates: 1/03 CSF, 12/08 LH, 01/10 LH
02/11 TS, 04/12 TS, 03/13 TS, 2/14 CH CR **Revision Dates:**

POLICY:

Patients who enroll in outpatient services receive a physical health screening as a part of the Initial Chemical Dependency Assessment process. Predetermined symptoms have been flagged by the Medical Director as those requiring further investigation by a physician. Should a patient have one or more of these symptoms, Intake staff refers them for a physical examination by the physician of their choice.

PROCEDURE:

1. At the time of Initial Chemical Dependency Assessment, the patient completes the Physical Health History screening.
2. The Admissions Counselor reviews all positive symptoms with the patient.
3. Those symptoms determined by the Chief Medical Officer to warrant further investigation by a physician are marked with an asterisk on the form.
4. Should a patient have one or more of these symptoms, the Admission Counselor informs the patient that he/she will need to have a complete physical examination by a physician of his/her choice during the first week of treatment. The patient is given a copy of the Outpatient Physical Examination Record to take to their physician. This form is completed and returned to the counselor within one week of admission. This is placed in the patient's chart.
5. Should the patient be delinquent in having a physical or bringing in the results of the physical, the counselor meets with patient to address the delay as a therapeutic issue. This is documented in the patient record.